



HEAD & NECK CANCER
AUSTRALIA
ENGAGE • EDUCATE • EMPOWER



Need help navigating Head and Neck Cancer?

We're here for you.

Whether you're a patient, carer, family member, or healthcare professional, the **Head and Neck Cancer Helpline** offers free and confidential support.

From expert advice to emotional care and free resources, our compassionate team is here to walk alongside you every step of the way.

How can we help?

- Understand your diagnosis and treatment options
- Emotional support and counselling
- Navigate the health system
- Practical support (speech, nutrition, living well)

Tailored support for patients, carers and healthcare professionals.



Call or live chat

1300 424 848

Monday–Friday,
9am–5pm AEST



Refer to us

Referring someone today -
call, chat or complete our
online form



Support groups

Online support groups
for patients, family,
friends and carers



Order free resources

Available via
our online shop

Scan the QR code to find out
how we can help.



1300 424 848 | www.headandneckcancer.org.au

About us

Fifteen people are diagnosed every day in Australia with a type of Head and Neck Cancer. Head and Neck Cancer is not one type of cancer. It is a complex and diverse group of cancers that can affect a person's mouth, tongue, throat, salivary glands, skin or voice box.

Head and Neck Cancer Australia is the only national charity dedicated to providing free, trusted and easy to understand information, education and support to people affected by Head and Neck Cancer.

We represent over 5,600 people who are newly diagnosed each year and more than 18,000 people who are living with Head and Neck Cancer across Australia.

We also lead the national effort to advocate for government support to encourage prevention, increase early diagnosis and improve the quality of life of people living with Head and Neck Cancer in Australia.

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Living with the
Head and Neck Cancer
across Australia



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Trusted Information Partner of

healthdirect
Australia



Partnering to deliver
the Australian Cancer Plan